

# MCHC

Montgomery County Health Council



Montgomery County Mental Health Directory

[www.mcgtn.org/health](http://www.mcgtn.org/health) to download a copy

2019-2020

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## DOCTORS – PSYCHIATRISTS

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### **Belmont Behavioral Health**

Address: 103 Jefferson St., Suite 100, Clarksville TN 37040  
Phone: 931-226-4999  
Hours: Monday – Tuesday 9 am – 5 pm, Wednesday – Saturday 8 am – 6 pm  
Services: Psychiatric medication management, Individual, family and group psychotherapy  
Insurance: Most major insurances including TennCare, Medicare, Medicaid and self-pay options

### **Centerstone**

Address: 511 8<sup>th</sup> Street, Clarksville, TN 37040  
Phone: 931-920-7200  
Crisis Line: 800-681-7444  
Web: <https://centerstone.org>  
Hours: 8:00 AM – 5:00 PM, Monday – Friday  
Services: Addiction Recovery, Counseling and Therapy, Crisis and Urgent Care, Forensic Evaluations, Housing, Inpatient Services, Military Services, Pharmacies, Primary Care, Social Services, Therapeutic Foster Care, Vocational and Workplace  
Restrictions: Case by case basis for services needed.  
Payments  
Accepted: Tricare, Medicare, Medicaid, TennCare, Check, Cash and Card

### **Hometown Psychology and Wellness**

Name: Dr. E. McPherson Botts, PSY. D  
Address: 339 Dover Road Suite B, Clarksville, TN 37042  
Phone: 931-263-4824  
Web; [www.hometownpsychologyandwellness.com](http://www.hometownpsychologyandwellness.com)  
Services: PTSD, Anxiety, Phobias, Depression, Insomnia, Grief and Loss, Pain Disorders, Relaxation Training, Health Coaching, Life Transitions  
Hours: 8:30 AM- 6 PM, Saturday

### **Mental Health Cooperative**

Address: 871 Professional Park Drive, Clarksville, TN 37040  
Phone: Office 931-645-5440 / Crisis Line 615-726-0125  
Hours: 8:00 AM – 4:30 PM Monday – Friday  
Web: [www.mhc-tn.org](http://www.mhc-tn.org)  
Services: Medication Management, Case Management, Individual Therapy  
Restrictions: Age – 3 and older. Medications – No Benzos prescribed.

Payments

Accepted: Medicaid, TennCare

### **Dr. Michael McGhee**

Address: 915 McClardy Road, Clarksville, TN 37042

Phone: 931-221-9990

Hours: 8:30 AM – 12:00 PM, Monday – Thursday

Services: ADHD, Depression, PTSD, Counseling, Suboxone for Addiction

Restrictions: Alzheimer's and Dementia patients. Patients must be 18 and older.

Payments

Accepted: Medicaid, Medicare, Blue Cross Blue Shield, United Care, Tricare, Aetna, Oscar

Payment

Exceptions: TennCare

### **Novus Behavioral Health**

Address: 1840 Memorial Drive, Clarksville, TN 37043

POC: Scarlett Mulligan, PPN-C

Phone: 931-820-0242

Hours: 9:30 AM – 4:30 PM, Monday – Sunday

Web: <https://www.novusbh.com>

Services: Medication Management

Restrictions: No patients under 13 years of age.

Payments Aetna, Medicare, Cigna, Champ VA

Accepted:

Restrictions: Medicaid, TennCare, United Healthcare, Blue Cross Blue Shield, Oscar, ComPsych, Magellan

Uninsured: New patient: \$175, Follow-up: \$85

### **PennyRoyal Center**

Address: 3999 Fort Campbell Blvd, Hopkinsville, KY 42240

Phone: Office 270-881-9551 / Crisis Line 877-473-7766

Hours: 8:30 AM – 5:00 PM Monday – Friday

Web: <https://pennyroyalcenter.org>

Services: Mental Health, Crisis and Emergency, Intellectual and Developmental Disabilities, Substance Abuse, Residential, Deaf and Hard of Hearing Services, Case Management, Pharmacy

Restrictions: Emergency Services only available to people in Hopkinsville, Trigg County and Todd County. Patients under 5 are restricted to one provider only with Kentucky Medicaid.

Payments All insurances with the exception of TennCare

**Psychiatric Group at Hilldale**

Mary Rutherford PMHC, NS-BC

Kristy Reed PM, HNP, FNP-C

Address: 1820 Memorial Drive #101, Clarksville, TN 37043

Phone: 931-553-4161

Hours: 9:00 AM – 5:00 PM, Monday – Thursday

Services: Medication management, Psychiatric Evaluation, Individual Therapy

Payments

Accepted: Insurance varies per provider

**Psychiatry Services of Clarksville**

Dr. James J. Staudenmeir MD, MP

Address: 243 Dover Road, Clarksville, TN 37042

Phone: 931-905-4646

Hours: 8:30 AM – 7:00 PM Monday – Friday / 9:00 AM – 2:00 PM Saturday

Web: <https://psoclarksville.com>

Services: Depression, Anxiety, Trauma and PTSD, Relationships, Counseling

Restrictions: Suicidal or Homicidal ideations.

Payments Medicaid, Medicare, Tricare, Blue Shield, TennCare, Cigna

Accepted:

Payment United Healthcare

Exceptions:

Accepted: Insurance varies per provider

## EMERGENCY NUMBERS AND SUPPORT GROUPS

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### **Alcoholics Anonymous**

Address: 951 Clark Street, Clarksville, TN 37040  
Phone: 931-647-0225  
Hours: 10 AM – 9:30 PM Daily  
Web: <http://www.aa.org>

### **Clarksville Safe House**

Phone: 931-648-9100  
Services: Domestic violence support group established to meet the immediate needs of domestic violence victims.

### **Crisis Center**

Address: 1778 Ashland City Road Suite B, Clarksville, TN 37043  
Phone: Office 931-648-1000 / Crisis Line 221  
Web: <https://www.guidestar.org/profile/58-1694616>  
Services: Call 211 if you need information about homeless shelter, food pantries, support groups, housing, utility assistance, medical, dental, VITA Free Tax Preparation, Food Stamp Prescreen, Substance Abuse, crisis intervention, counseling, abuse and any crisis you may have

### **HOPE**

Contact: Amanda Lane  
Address: 113 Maxwell Drive, Clarksville, TN 37043  
Phone: 615-218-4324  
Hours: 6:30 PM – 7:30 PM, Thursdays  
Web: <https://hopedepressionsupportgroup.org>  
Services: Support group meets every Thursday evening at 6:30 PM CST at the House of HOPE, Hilldale Baptist Church located at 113 Maxwell Drive, Clarksville, TN 37040.  
Restrictions: Everyone remains courteous and respectful to one another.  
Payments: Services are free.  
Accepted:

**NAMI (National Alliance On Mental Illness)**

Address: Meets 2<sup>nd</sup> Tuesday of each month at Clarks. Montgomery County Public Library, 350 Pageant Lane, Clarksville, TN 37040

Phone: 931-221-2696

Hours: 6:30 pm

Website: <http://www.namitn.org>

Services: Support, education and advocacy.

**TN Suicide Prevention Network**

Phone: 800-273-TALK

Services: Services Offered: Call 1-800-273-TALK (8255), a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be routed to the nearest crisis center to you. Alternately, you can text TN to 741741 to connect to the Crisis Text Line and a trained counselor.

## PSYCHIATRIC HOSPITALS

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### **Cumberland Hall Hospital**

Address: 270 Walton Way, Hopkinsville, KY 42240  
Phone: 270-886-1919  
Hours: Open 24/7  
Web: <https://www.cumberlandhallhospital.com>  
Services: Child and Adolescent Inpatient, Adult Inpatient, Adolescent Chemical Dependency, Adult Chemical Dependency, Adult Medical Detoxification  
Restrictions: Children 8 and above, children under 8 must be approved by CEO.  
Payments  
Accepted: Most private insurance, Tricare, United Healthcare, Blue Cross Blue Shield  
Exceptions: TennCare patients must be referred, Medicaid for children

### **Middle TN Mental Health Institute**

Address: 221 Stewarts Pike, Nashville, TN 37421  
Phone: 615-902-7400  
Web:  
Services:

### **Park Center**

Address: 801 12<sup>th</sup> Avenue South, Nashville, TN 37203  
Phone: 615-242-3576  
Web:  
Services:

### **Rolling Hills Hospital**

Address: 2014 Quail Hollow Circle, Franklin, TN 37067  
Phone: 855-774-2383  
Hours: Open 24/7  
Services: Inpatient Services:  
Adolescent Treatment Program, Adult Psychiatric Program, Adult Co-occurring Program, Adult Intensive Treatment Program, Older Adult/Geriatric Treatment Program, Electroconvulsive Therapy (ECT)  
Outpatient Services:  
Adult Partial Hospitalization Program, Adult Intensive Outpatient Program, Adolescent Intensive Outpatient Program, Electroconvulsive Therapy (ECT).  
Restrictions: Patient must be medically stable. Patients must be age 13 or over.  
Payments All major commercial insurance plans, Tricare, TennCare, Medicare, Medicaid



**Ten Broeck**

Address: 1 Medical Center Boulevard, Cookeville, TN 38506  
Phone: 931-783-2570 or 885-828-8111  
Hours:  
Web:  
Services:

**TriStar Centennial Parthenon Pavilion**

Address: 2300 Patterson Street, Nashville, TN 37203  
Phone: 615-342-1450 or 615-342-1000  
Hours: Open 24 hours  
Web:  
Services:

**Tristar Skyline Medical Center**

Address: 3441 Dickerson Pike, Nashville, TN 37207  
Phone: 24 Hour Help Line 877-342-1450  
Hours: Vary by service.  
Services: Outpatient mental health and substance abuse, inpatient adolescence (13-17 years old) program, individual therapy, group therapy, psychiatric evaluation, family therapy, continuing care planning, depression, anxiety, schizophrenia, bipolar disorder, addiction disorders, Alzheimer's, neurological disorders  
Payments Accepted: TennCare, Medicaid, Medicare, Tricare, Multiple Commercial Insurance

**TrustPoint Hospital**

Address: 1009 N Thompson Lane, Murfreesboro, TN 37129  
Phone: 615-848-5850  
Hours: Open 24/7  
Services: Inpatient and outpatient services related to psychosis, schizophrenia, schizoaffective disorder, delusional disorders, substance abuse, cognitive, behavioral, interpersonal, and support therapy, medication management, and electroconvulsive therapy. Walk-ins welcome.  
Restrictions: No patients under the age of 12.  
Payments Accepted: All commercial insurances, Medicare, Medicaid, TennCare, BlueCare, Amerigroup  
Payment Exceptions: United Healthcare Community Plan

**Vanderbilt Psychiatric Hospital**

Address: 1601 23<sup>rd</sup> Avenue South, Nashville, TN 37212

Phone: 615-322-2238

Hours: Open 24 hours

Services:

## SENIOR SERVICES

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### **Unity Psychiatric Care**

Address: 930 Professional Park Drive, Clarksville TN 37040  
Phone: 931-538-6420  
Hours: Open 24/7  
Services: Inpatient Senior Health Management. Major Depression, Anxiety, Mood Instability or Mania, Thoughts of self-harm, Verbal or Physical Aggression, Eating or Sleeping issues, Paranoia or Delusions, Hallucinations, Neglect of Personal Hygiene  
Restrictions: Patients must be age 65 and older. Referral is required. Cannot self-refer.  
Payments  
Accepted: Insurance is

### **Signature HealthCARE of Clarksville**

Address: 198 Old Farmer Road, Clarksville, TN 37043  
Phone: 931-358-2900  
Hours: Open 24/7  
Web: <https://shcofclarksville.com>  
Services: Clinical Services available 24/7, Rehabilitation Services, and Spiritual Services available for patients.  
Restrictions: Referral Required. 3-night stay required for insurance stays. No sex offenders.  
Payments  
Accepted: TennCare, Medicaid, and Medicare. Most commercial insurances accepted with prior authorization.

## PSYCHOLOGICAL SERVICES

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### **Betsy Abrams LMSW**

Address: 1521 Dunbar Cave Road, Clarksville, TN 37043  
Phone: 931-227-4212  
Web: <https://www.psychologytoday.com>  
Services: Addiction, Grief, Trauma, PTSD, Depression, Anxiety, Low Self-Esteem, Spiritual Issues, Chronic and Terminal Illness, Codependency  
Payments: \$90 - \$120 per session sliding scale, cash or check  
Accepted: Will file upon application

### **Denise Squire PHD**

Address: 2141 Old Ashland City Road, Clarksville, TN 37043  
Phone: 931-553-8506  
Hours: 8 AM – 4 PM  
Services: Psychological Therapy  
Restrictions: Medication Management  
Insurance  
Accepted: Aetna, Blue Cross Blue Shield Blue Card and Tennessee, Cigna, Humana

### **Clarksville Behavioral Health**

Address: 775 Weatherly Drive Suite F, Clarksville, TN 37040  
Phone: 931-494-7131  
Hours: 8:00 AM – 7:00 PM Monday – Thursday / 8:00 AM – 5:00 PM, Saturday  
Web: [www.cbhclarksville.com](http://www.cbhclarksville.com)  
Services: Individual, Couples and Family Therapy, ADHD Assessments, Autism Assessments, Geriatric Services, Personality and Cognitive/Memory Testing, Spinal Implant Evaluations, Insomnia  
Insurance  
Accepted: Aetna, Blue Cross Blue Shield, Humana, Medicare, Tricare

### **Clarksville Community Counseling**

Address: Suite 110 2515 Wilma Rudolph Blvd, Clarksville, TN 37040  
Phone: 931-614-5202  
Hours: 12 – 7 PM, Monday and Wednesday / 9 AM – 3 PM Tuesday, Thursday, Friday  
Web: <http://www.clarkvillecommunitycounselingllc.com/home.html>  
Services: Premarital Counseling, Couples Counseling, Family Counseling, Individual Counseling, Children 8 – 13 Counseling  
Payments

**Clarksville Counseling Center, PLLC**

Address: 1820 Memorial Dr., # 203, Clarksville, TN 37043  
Phone: 859-699-1963  
Hours: 9am -6 pm Monday – Friday  
Services: Outpatient services for child, teen, adult, families and couples  
Insurance: Accepts most insurance and self-pay for uninsured

**Connect Counseling Center**

Address: 203 Harnett Court, Clarksville, TN 37043  
Phone: 931-614-7397  
Hours: 8:00 AM – 8:00 PM Monday – Friday, 8:00 AM – 2 PM Saturday  
Web: [www.connectcounselingcenter.com](http://www.connectcounselingcenter.com)  
Services: Anxiety, Depression, PTSD, EMDR, Grief/Loss, Behavioral Concerns, Marital Struggles, Personal Growth, Adjustment  
Payments  
Accepted: TennCare, Medicaid, Tricare, Blue Cross Blue Shield and many other major insurances  
Exceptions: Patients without insurance may be seen by an intern.

**Family Wellness Center**

Address: 1891 Old Trenton Road, Clarksville, TN 37040  
Phone: 931-552-4170 or 931-552-4171  
Hours: 9:00 AM – 5:00 PM, Monday – Friday  
Web: <http://familywellnesscentertn.com>  
Services: Assessment, therapy, counseling related to coping skills, life coaching, self-esteem and behavioral  
Payments  
Accepted: Many forms of insurance accepted – provider based.

**Health Connect:**

Address: 286A Clear Sky Court, Clarksville, TN 37043  
Phone: 931-933-7200  
Hours: 9:00 am -5:00 pm, Monday – Friday  
Web: <https://healthconnectamerica.com>  
Services: Wide range of services to children adolescents and families suffering from traumatic events dealing with grief, anger management, family issues and substance abuse.

### **Hometown Psychology and Wellness**

Name: Dr. E. McPherson Botts, PSY. D  
Address: 339 Dover Road Suite B, Clarksville, TN 37042  
Phone: 931-263-4824  
Web: [www.hometownpsychologyandwellness.com](http://www.hometownpsychologyandwellness.com)  
Services: PTSD, Anxiety, Phobias, Depression, Insomnia, Grief and Loss, Pain Disorders, Relaxation Training, Health Coaching, Life Transitions  
Hours: 8:30 AM- 6 PM, Saturday

### **Insight Counseling**

Address: 516 Madison Street, Clarksville, TN 37040  
Phone: 615-383-2115, ext. 107  
Web: <http://insightcounselingcenters.org/locations/Clarksville/>  
Services: Licensed Clinical Pastoral Therapist trained to help clients with a variety of issues hosted by First Christian Church.

### **Michael C. Sheeham & Associates**

Address: 1821 Haynes Street, Clarksville, TN 37043  
Phone: 931-552-2883  
Services: Sleep Disorders, Schizophrenia, ADD & ADHD, Depression, Insomnia, Bipolar and Manic Depression Disorder

### **Pathways Counseling**

Address: 120 Center Pointe Drive Apt 1, Clarksville, TN 37040  
Phone: 931-648-4897  
Hours: 9:00 AM – 4:30 PM, Monday, Wednesday and Thursday  
Web: <https://pathways-counseling-services.business.site>  
Services: PTSD, Addictions, Attachments of Phobias, Relationships, Life Transitions, Telephone and Video Therapy  
Payments  
Accepted: Cigna, BlueCross and BlueShield, Humana, TriWest, TRICARE, UnitedHealthcare, Aetna

**Trinity Behavioral Health**

Address: 151B Hatcher Lane, Clarksville, TN 37043  
Phone: 931-919-2641  
Hours: 9:00 AM – 6:00 PM, Monday – Friday. (Saturday by appointment only)  
Web: [www.trinitybehavioral.com](http://www.trinitybehavioral.com)  
Services: Individual Therapy/Counseling, Family Therapy/Counseling, Couples Counseling, Pre-Marital Counseling  
Payments  
Accepted: Tricare East, BlueCross BlueShield, Cigna, Magellan, United Healthcare

**Robert Berberich, EDD**

Address: 1854 Memorial Dr. Clarksville, TN 37043  
Phone: 931-552-9214  
Services: Diagnosis and treatment of mental, emotional and behavioral health issues.

**Youth Villages Clarksville**

Address: 651 Stowe Court, Clarksville, TN 37040  
Phone: 931-503-0777  
Hours: 8:30 am - 5:00 pm Monday -Friday  
Web: <https://www.youthvillages.org>  
Services: Serves birth to age 22 for hard to help, hard to place children with co-occurring medical issues. Provides crisis services, intensive in-home services, foster care and adoption.

## MILITARY SERVICES

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### **Centerstone – Steven A. Cohen Military Family Clinic**

Address: 775 Weatherly Drive, Clarksville, TN 37043  
Phone: 931-221-3850 or 931-221-3590  
Web: <https://centerstone.org/cohen-military-family-clinic/>  
Services: Outpatient services for military members and their families providing counseling, military services, psychiatric care and social services.  
Insurance: Tricare

### **Military One Source**

Phone: 1-800-342-9647  
Web: [www.militaryonesource.mil](http://www.militaryonesource.mil)  
Services: Family and Relationship, Moving and Housing, Military Life Cycle, Financial and Legal assistance, Education and Employment, Service Provider Assistance, Confidential Help

### **Fort Campbell Chaplain Care Line**

Phone: 270-798-2273  
Address: Blanchfield Army Community Hospital Room 0AB56, Fort Campbell, KY 42223

### **Military Family Life Consultants**

Address: Building 2601 Indiana Avenue, Fort Campbell, KY 42223  
Phone: 270-205-1917  
Services: Confidential and private services for situational and short-term problems, nonmedical counseling, job stress, anger management, deployment reunions and reintegration, communication and grief/loss counseling. Open to all soldiers and family members.

### **Operation Stand Down**

Phone: 931-896-2186 – 931-896-2184  
Hours: Monday – Thursday 8 am – 4:30 pm, Friday 1 -4 pm  
Web: [osdtn.org](http://osdtn.org)  
Services: Wrap around services for veterans and their families at no cost.

### **Soldier Center**

Address: 2219 Lowes Drive, Clarksville, TN 37040  
Phone: 931-553-6981  
Hours: 9:00 – 6:00 pm Monday, Wednesday and Friday, 9:00 am – 7:00 pm Tuesday and Thursday  
Web: [www.soldier-center.com](http://www.soldier-center.com)



Services: Serves military personnel, veterans and their families providing specialty treatments for PTSD, complex trauma due to combat, childhood abuse and neglect, sexual assault and, grief resolution dealing with personal loss.

## RECOVERY CENTERS

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### **Cumberland Heights**

Address: 219B Dunbar Cave Rd, Clarksville, TN 37043  
Phone: 615-356-2700  
Hours: Open 24/7  
Web: <https://www.cumberlandheights.org/location/clarksville/>  
Services: Inpatient and Outpatient Services, Sober Living, Recovery Care Advocacy, Adolescence and Adult Extended Care, Religious Services, Family Care,  
Restrictions: Patients must be medically stable. Only medical services provided are detox. Primary focus is substance abuse. No youth girl patients accepted at this time. No patients under the age of 13 are accepted.  
Payments  
Accepted: List provided at <https://www.cumberlandheights.org/admissions/accepted-insurance-carriers/>  
Exceptions: TennCare, Medicaid, Medicare, Tricare

### **Bradford Health Services**

Address: 235 Dunbar Cave Road, Clarksville TN 37040  
Phone: 866-977-7158  
Hours: Open 24 hours  
Services: Addiction treatment center

### **Buffalo Valley Inc**

Address: 717 Cumberland Drive, Clarksville, TN 37040  
Phone: 931-645-9038  
Hours: 8 AM – 5 PM, Monday - Friday  
Web: <http://www.buffalovalley.org>  
Services: Outpatient and Inpatient treatment for drug and alcohol recovering patients  
Payments  
Accepted: TennCare, AmeriCare, Blue Care

### **Encompass Health and Recovery Center**

Address: 104 Center Pointe Drive, Clarksville, TN 37040  
Phone: 931-494-8619  
Hours: Monday – Thursday 10 am -9 pm,  
Services: Outpatient drug rehab center providing intensive support to individuals recovering from substance abuse and drug addiction.  
Web: [www.emcompassrecoverycenter.com](http://www.emcompassrecoverycenter.com)

## THERAPEUTIC OPTIONS

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### **Healing Touch & Massage**

Heidi Rostampour, HTP, LMT

Address: 227A Dunbar Cave Road

Phone: 931-320-1854

Web:

Hours:

### **Waterdogs Scuba and Safety LLC**

Address: 681 N. Spring St., Clarksville, TN 37040

Phone: 931-919-0270

Web: [www.diveclarksville.com](http://www.diveclarksville.com)

Hours: Monday through Friday, 11:00 am - 7:00 pm, Saturday 9 am - 3:00 pm

Restrictions: Medical permission to train.

Accepted: Check, cash, card

### **Yoga Mat**

Address: 227 Dunbar Cave Road

Phone: 931-802-2393

Hours:

OUR APPRECIATION TO  
the



# MENTAL HEALTH COOPERATIVE

For Donation of Funds to Print the  
Montgomery County Health Council Mental Health  
Directory

*For changes or additions please email your requests to:  
[shirley.corker@tn.gov](mailto:shirley.corker@tn.gov)*